

FORSYTH SENIOR CITIZEN CENTER

◀ Jan 2018		February 2018					Mar 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 EXERCISE DECORATE CENTER 1:00 CASH BINGO	2 EXERCISE SENIORS WILL DO STORY HOUR AT LIBRARY!	3	
4	5 EXERCISE RED HAT LADIES AT THE SENIOR CENTER	6 EXERCISE 1:00 CCOA MEETING IN COLSTRIP	7 EXERCISE 9:00 YOGA	8 EXERCISE	9 EXERCISE CARDS	10	
11	12 EXERCISE TRIP TO COLSTRIP	13 EXERCISE 12:00 MONTHLY BIRTHDAY PARTY!	14 EXERCISE 9:00 YOGA 9:00 COFFEE & ROLLS 1:00 PIE SOCIAL PARTY FOR VALENTINES DAY!	15 9:00 FIRST ARTHRITIS EXCERSICES CLASS!! 1:00 CASH BINGO	16 EXERCISE 1:00 LIVE MUSIC!	17	
18	19 CLOSED !	20 EXERCISE POT LUCK LUNCH FOOT CLINIC OUTREACH CRAFTS	21 EXERCISE 9:00 YOGA TRIP	22 EXERCISE CASH BINGO	23 EXERCISE 9:00 ARTHRITIS EXCERSICES CLASS CARDS	24	
25	26 EXERCISE 9:00 ARTHRITIS EXCERSICES CLASS TRIP TO COLSTRIP	27 EXERCISE CARD SOCIAL	28 EXERCISE 9:00 YOGA	NOTES: ALL ACTIVITIES ARE SUBJECT TO CHANGE!			