

July 2018
 FORSYTH SENIOR CITIZEN CENTER

◀ Jun 2018	July 2018					Aug 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:00 EXERCISE 9:00 ARTHRITIS CLASS BULLETIN BOARD	3 DECORATE CENTER SAFETY PRESENTATION DURING LUNCH!	4 CLOSED!	5 CASH BINGO	6 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	7
8	9 8:00 EXERCISE 9:00 ARTHRITIS EXERCISE	10 EXERCISE	11 8:00 EXERCISE 9:00 YOGA NO COFFEE & ROLLS	12 NO CASH BINGO	13 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	14
15	16 8:00 EXERCISE 9:00 ARTHRITIS EXERCISE TRIP TO COLSTRIP	17 POT LUCK FOOTCLINIC HEALTH PRESENTATION ON SHINGLES!	18 8:00 EXERCISE 9:00 YOGA 9:00 COFFEE & ROLLS	19 FAIR!!! CASH BINGO	20 8:00 EXERCISE 9:00 ARTHRITIS CLASS FAIR CARDS	21
22	23 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP SAFETY PRESENTATION IN COLSTRIP!	24 CARD SOCIAL	25 8:00 EXERCISE 9:00 YOGA	26 CASH BINGO	27 8:00 EXERCISE 9:00 ARTHRITIS CLASS MUSIC SENIOR APPRECIATION DINNER - 5 TO 6	28
29	30 8:00 EXERCISE 9:00 ARTHRITIS CLASS	31 TRIP TO MILES CITY	ALL ACTIVITIES ARE SUBJECT TO CHANGE			