

FORSYTH SENIOR CITIZEN CENTER

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8:00 EXERCISE 9:00 ARTHRITIS CLASS BULLETIN BOARD	2 1:00 COUNCIL ON AGING	3 8:00 EXERCISE 9:00 YOGA DECORATE CENTER	4 CASH BINGO	5 8:00 EXERCISE 9:00 EXERCISE CLASS CARDS	6
7	8 CLOSED FOR COLUMBUS DAY!	9 MONTHLY BIRTHDAY PARTY LINDA FROM ACTION AT THE CENTER!	10 8:00 EXERCISE 8:30 COFFEE AND ROLLS 9:00 YOGA	11 CASH BINGO	12 8:00 EXERCISE 9:00 ARTHRITIS CLASS MUSIC OCTOBER FEST AT THE CENTER!	13
14	15 8:00 EXERCISE 9:00 ARTHRITIS CLASS	16 POT LUCK OUTREACH CRAFTS FOOT CLINIC	17 8:00 EXERCISE 9:00 YOGA	18 CASH BINGO	19 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	20
21	22 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	23 CARD SOCIAL	24 8:00 EXERCISE 9:00 YOGA	25 10:00 TRIVIA GAME CASH BINGO	26 8:00 EXERCISE 9:00 ARTHCLASS CARDS	27
28	29 8:00 EXERCISE 9:00 ARTHRITIS CLASS	30 DECORATE HALLOWEEN COOKIES	31 8:00 EXERCISE 9:00 YOGA CELEBRATE HALLOWEEN	ALL ACTIVITIES ARE SUBJECT TO CHANGE! MORE ACTIVITIES WILL BE ANNOUNCED AT A LATER DATE!		