

October 2018	Forsyth Senior Center	subject to change	346-2878	Please call by 9:30
Monday	Tuesday	Wednesday	Thursday	Friday
1 Chipped Beef on Biscuits Peas & Carrots Fruit	2 Cook's Choice	3 Cheesy Broccoli Soup Beef Sandwiches Relish Tray Cherry Dump Cake	4 Wieners & Beans Tossed Salad Fruited Jell-O Bars	5 Beef & Noodles Buttered Beets Green Salad Mixed Fruit
8 Columbus Day Closed	9 Waffles Sausage Links Fresh Fruit	10 Chicken & Rice Soup Egg Salad Sandwiches Green Salad Fruit	11 Tater Tot Casserole Green Salad Fruit	12 Brats & Kraut Potatoes Vegetables Dessert
15 Goulash Tossed Salad Corn Garlic Bread Fruit	16 Pot Luck	17 Potato Soup Deli Wraps Relish Tray Fruit	18 Cook's Choice	19 Baked Cod Oven Potatoes Mixed Vegetable Lemon Dessert
22 Ham & Scalloped Potatoes Mixed Vegetable Pineapple Cake/Fruit	23 Chicken & Rice Broccoli Normandy Pumpkin Pie Cake Fruit	24 Chili Grilled Cheese Lime-Pear Jell-O Pumpkin Bars	25 Breakfast Casserole Tossed Salad Fresh Fruit Muffins	26 Spaghetti Coleslaw Green Beans Pears/Brownies
29 Fish Sticks Macaroni & Cheese Mixed Vegetables Peaches	30 Cook's Choice	31 Corn Chowder Ham Salad Sandwiches Relish Tray Fruit	Nov 1 Sausage Gravy & Biscuits Peas/Carrots Apple slices	2 Sweet & Sour Meatballs Stir Fry Vegetables Rice Pineapple Cake

SUGGESTED DONATION \$4.00

NON SENIORS \$7.00

All Meals served with water, coffee, tea, juice, 2% milk

PLEASE DO NOT USE LARGE BILLS