

FORSYTH SENIOR CITIZEN CENTER

November 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CASH BINGO DECORATE CENTER	2 8:00 EXERCISE 9:00 ARTHRITIS CLASS	3
4	5 8:00 EXERCISE 9:00 ARTHRITIS CLASS	6 CLOSED FOR ELECTION!	7 8:00 EXERCISE 9:00 ARTHRITIS FLOOR EXERCISES	8 CASH BINGO	9 8:00 EXERCISE 9:00 ARTHRITIS CLASS MUSIC?	10
11	12 CLOSED FOR VETERANS DAY	13 MONTHLY BIRTHDAY PARTY! LINDA FROM ACTION AT THE CENTER!	14 8:00 EXERCISE 8:30 COFFEE & ROLLS 9:00 ARTHRITIS FLOOR EXERCISES	15 CASH BINGO	16 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	17
18	19 8:00 EXERCISE 9:00 ARTHRITIS CLASS	20 POT LUCK FOOT CLINIC O.R. CRAFTS	21 8:00 EXERCISE 9:00 YOGA	22 CLOSED FOR THANKSGIVING	23 CLOSED!	24
25	26 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	27 CARD SOCIAL	28 8:00 EXERCISE 9:00 YOGA	29 10:00 TRIVIA GAMES CASH BINGO	30 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	

ALL ACTIVITIES ARE SUBJECT TO CHANGE! MORE ACTIVITIES WILL BE ANNOUNCED AT A LATER DATE!