

January 2019

◀ Dec 2018	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Feb 2019 ▶
			1 CLOSED FOR NEW YEARS! SENIOR CITIZENS WILL HOST A POT LUCK AT NOON AT CENTER!	2 8:00 EXERCISE 9:00 YOGA	3 8:30 ZUMBA NO BINGO!!	4 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	5	
		7 8:00 EXERCISE 9:00 ARTHRITIS CLASS 9:30 RED HAT LADIES AT CENTER IN PALMMAS - COFFEE & ROLLS	8 10:00- TAKE DOWN CHRISTMAS TREE! MONTHLY BIRTHDAY PARTY!	9 8:00 EXERCISE 8:30 COFFEE & ROLLS 9:00 YOGA	10 8:30 ZUMBA 12:30 CASH BINGO	11 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	12	
	13	14 8:00 - EXERCISE 9:00 - ARTHRITIS CLASS	15 TACO TUESDAY LUNCH ACTION SPEAKER FOOT CLINIC CRAFTS	16 8:00 - EXERCISE 9:00 - YOGA	17 8:30 ZUMBA 12:30 CASH BINGO	18 8:00 EXERCISE 9:00 ARTHRITIS CLASS MUSIC	19	
	20	21 CLOSED	22 12:30 CARD SOCIAL	23 8:00 EXERCISE 9:00 YOGA	24 8:30 ZUMBA 12:30 CASH BINGO	25 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	26	
	27	28 8:00 EXERCISE 9:00 ARTHRITIS CLASS COLSTRIP TRIP	29 8:00 EXERCISE	30 8:00 EXERCISE 9:00 YOGA	31 8:30 ZUMBA 10:00 TRIVIA CONTEST 12:30 CASH BINGO	ALL ACTIVITIES ARE SUBJECT TO CHANGE. WE WILL ALSO ADD ACTIVITIES DURING THE MONTH!		