

JANUARY 2019				
JANUARY 2019	Forsyth Senior Center	subject to change	346-2878	Please call by 9:30
Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b> Spaghetti Green Beans Green Salad Fruit	<b>8</b> Sausage & Gravy Biscuits Mixed Vegetables Apple Slices	<b>9</b> Ham & Bean Soup Corn Bread Relish Tray Fruit	<b>10</b>  <b>Cook's Choice</b>	<b>11</b> Meatloaf Baked Potato Green Beans Tossed Salad Peaches
<b>14</b> Hot Dogs Baked Beans Coleslaw Pears	<b>15</b> Chicken & Rice Casserole Mixed Vegetables Fruit	<b>16</b> Split Pea Soup Pimento Cheese Sandwich Relish Tray Fruit	<b>17</b> BBQ Pork on Bun Tossed Salad Fruit Salad	<b>18</b> Beef & Noodles Harvard Beets Green Salad Fruit
<b>21</b>  <b>Presidents Day Closed</b>	<b>22</b>  <b>Taco Tuesday</b>	<b>23</b> Chili Grilled Cheese Lime Pear Jell-O Bars	<b>24</b> Breakfast Casserole Tossed Salad Muffins Fresh Fruit	<b>25</b> Sloppy Jo's Coleslaw Mixed Fruit Salad
<b>28</b> Chicken a la King Rice Stir Fry Vegetables Pineapple	<b>29</b> Polish Dogs & Sauerkraut Potatoes Green Beans Fruit	<b>30</b> Cheesy Broccoli Soup Ham Salad Sandwiches Cherry Dump Cake	<b>31</b> Baked Cod Macaroni & Cheese Peas Lemon Pudding Fruit	<b>Feb 1</b> Goulash Corn Green Salad Pears

**SUGGESTED DONATION \$4.00**

**NON SENIORS \$7.00**

**All Meals served with water, coffee, tea, juice, 2% milk**

**PLEASE DO NOT USE LARGE BILLS**