

March 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	2
3	4 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	5 1:00 COUNCIL MEETING IN COLSTRIP	6 8:00 EXERCISE 9:00 YOGA	7 8:30 ZUMBA 12:30 CASH BINGO	8 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	9
10	11 8:00 EXERCISE 9:00 ARTHRITIS CLASS	12 MONTHLY BIRTHDAY PARTY! LINDA – ACTION WILL TAKE APPOINTMENTS	13 8:00 EXERCISE 9:00 YOGA 8:30 COFFEE AND ROLLS 12:30 CRAFTS	14 8:30 ZUMBA CASH BINGO	15 8:00 EXERCISE 9:00 ARTHRITIS CLASS 12:30 ST. PATRICK'S DAY PARTY LIVE MUSIC	16
17 ST. PATRICK'S DAY!	18 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	19 TACO TUESDAY FOOT CLINIC	20 8:00 EXERCISE 9:00 YOGA 12:30 MOVIE AND POPCORN	21 8:30 ZUMBA 12:30 CASH BINGO	22 8:00 EXERCISE 9:00 ARTHRITIS CLASS	23
24	25 8:00 EXERCISE	26 CARD SOCIAL	27 8:00 EXERCISE 9:00 YOGA	28 8:30 ZUMBA 10:00 TRIVIA CONTEST (NO BINGO)	29 8:00 EXERCISE 9:00 ARTHRITIS CLASS 12:30CARDS	30
31	ALL ACTIVITIES ARE SUBJECT TO CHANGE. WE WILL ADD MORE ACTIVITIES DURING THE MONTH!					