

2019				
2019	Forsyth Senior Center	subject to change	346-2878	Please call by 9:30
Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Pot Pie Tossed Salad Fruited Jell-O	4 Baked Ham Hash Brown Casserole Green Salad Fruit	5 Spaghetti Garlic Bread Tossed Salad Fruit Salad	6 Shepherd's Pie Coleslaw Cook's choice dessert	7 Sloppy Joe's Tater Tots Tossed Salad Fruit Crisp
10 Polish Dogs Sauerkraut Potatoes Green Beans Peaches	11 Pork Fritters Pasta Salad Tossed Salad Fruit	12 Cheesy Broccoli Soup Ham Salad Sandwiches Relish Tray Cherry Dump Cake	13 Cook's Choice	14 Meatloaf Potato Salad Vegetable Salad Fruit
17 Rueben Casserole Mixed Vegetables Fruit	18 Taco Pie Green Salad Fruited Rice	19 Vegetable Beef Soup Corn Bread Pears Fruit Crisp	20 Chicken Enchiladas Refried beans Green salad Fruit Cake	21 Sausage & Gravy Peas & Carrots Apple Slices
24 Baked Cod Fish Macaroni Salad Peas Lemon Pudding Fruit	25 Cook's Choice	26 Ham & Bean Soup Cornbread Green Salad Pineapple Cake	27 Hot Dogs Baked Beans Coleslaw Fruit Salad	28 Porcupine Meatballs Carrot Raisin Salad Green Beans Fruit

SUGGESTED DONATION \$4.00

NON SENIORS \$7.00

All Meals served with water, coffee, tea, juice, 2% milk

PLEASE DO NOT USE LARGE BILLS