

FORSYTH SENIOR CITIZEN CENTER

June 2019						
◀ May 2019						Jul 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 8:00 EXERCISE 9:00 ARTHRITIS CLASS DECORATE CENTER	4 TRIP TO COLSTRIP	5 8:00 EXERCISE 9:00 YOGA	6 10:00 ZUMBA 12:40 CASH BINGO	7 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	8
9	10 8:00 EXERCISE 9:00 ARTHRITIS CLASS	11 MONTHLY BIRTHDAY PARTY ACTION SPEAKER	12 8:00 EXERCISE 9:00 YOGA	13 10:00 ZUMBA NO BINGO	14 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS 12:30 VETERANS' PROGRAM PRESENTATION	15
16	17 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	18 TACO TUESDAY FOOT CLINIC OUTREACH CRAFTS	19 8:00 EXERCISE 9:00 YOGA 12:30 PETS' TREATS BAKING	20 10:00 ZUMBA 12:30 MUSIC~PARTY	21 8:00 EXERCISE 9:00 ARTHRITIS CLASS	22
23	24 8:00 EXERCISE 9:00 ARTHRITIS CLASS	25 CARD SOCIAL	26 8:00 EXERCISE 9:00 YOGA	27 9:00 ZUMBA 10:00 TRIVIA 12:40 CASH BINGO	28 8:00 EXERCISE 9:00 ARTHRITIS CLASS CARDS	29
30	ALL ACTIVITIES ARE SUBJECT TO CHANGE.					