

FORSYTH SENIOR CITIZEN CENTER

◀ Aug 2019

September 2019

Oct 2019 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CLOSED! LABOR DAY	3 9:00 ARTHRITIS CLASS DECORATE CENTER 1:00 COUNTY COUNCIL ON AGING MEETING IN COLSTRIP	4 8:00 EXERCISE 9:00 YOGA	5 CASH BINGO!	6 8:00 EXERCISE 9:00 ARTHRITIS CLASS 1:30 TAI CHI CARDS	7
8	9 8:00 EXERCISE 9:00 ARTHRITIS CLASS TRIP TO COLSTRIP	10 MONTHLY BIRTHDAY PARTY 12:30 MEDICARE COUNSELING WITH LINDA WOLFF	11 8:00 EXERCISE 9:00 YOGA	12 CASH BINGO!	13 8:00 EXERCISE 1:30 TAI CHI CARDS	14
15	16 8:00 EXERCISE 9:00 ARTHRITIS CLASS	17 TACO TUESDAY FOOT CLINIC 12:30 OUTREACH CRAFTS	18 8:00 EXERCISE 9:00 YOGA 12:30 PETS TREATS BAKING	19 CASH BINGO!	20 8:00 EXERCISE 1:30 TAI CHI	21
22	23 8:00 EXERCISE TRIP TO COLSTRIP	24 CARD SOCIAL	25 8:00 EXERCISE 9:00 YOGA 12:30 MOVIE PARTY	26 CASH BINGO! 10:00 TRIVIA CONTEST	27 8:00 EXERCISE 9:00 ARTHRITIS CLASS 1:30 TAI CHI CARDS	28
29	30 8:00 EXERCISE 9:00 ARTHRITIS CLASS	ALL ACTIVITES ARE SUBJECT TO CHANGE AND MORE ACTIVITES WILL BE ADDED DURING THE MONTH!				