



Senior Centers Menu September 2020



Monday	Tuesday	Wednesday	Thursday	Friday
7 CLOSED HAPPY LABOR DAY!!	8 Chicken Strips Pasta salad Carrot-raisins Salad Cherry dump cake	9 Beef & Veggie Soup Corn Bread Fruited Jell-O Cookies	10 COOK'S CHOICE	11 Meatloaf Mashed potatoes Broccoli Normandy Fruit
14 Breakfast Casserole Tossed salad Muffins Orange slices	15 Sheppard's Pie Coleslaw Fruit bars	16 Hot dogs on a bun Sauerkraut Relish Tray Baked beans Fruit	17 Roast Pork Mashed potatoes Mixed veggies Apple slices	18 Baked Tilapia Baked potatoes Steamed veggies Mixed fruit
21 Chicken strips Sweet Potato salad 3 Bean salad Watermelon	22 TACO TUESDAY	23 Cheesy Broccoli Soup Chicken sandwiches Peach Crisp	24 Hamburger on a bun Baked beans Coleslaw Fruit	25 Tuna & noodles Peas & carrots Lemon Pudding Orange slices
28 Tator tot Casserole Green Salad Apple slices	29 COOK'S CHOICE	30 Corn Chowder Hann Sandwiches Cherry Cobbler	1 Fish Sticks Mac & cheese Peas Peaches	2 Spaghetti Green beans Coleslaw Pears

PLEASE CALL BY 9:30
Colstrip 748-3525
Forsyth 346-2878

SUGGESTED DONATION FOR SENIORS
\$4.00
PRICE FOR NON-SENIORS \$7.00

ALL MEALS ARE SERVED WITH
WATER, COFFEE, TEA, JUICE, AND
2% MILK

ALL MEALS ARE
SUBJECT TO
CHANGE