

Forsyth Senior Center Menu February 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sloppy Jo's Tator Tots Tossed Salad Fruited Jell-O	2 Sausage & Gravy Stir Fry Vegetables Apple Slices	3 Chili Grilled Cheese Sandwiches Relish Tray Pears Cookies	4 COOK'S CHOICE	5 Cod Fish Oven Potatoes Cream Peas/Carrots Lemon Pudding
8 Salisbury Steak Spinach Green Salad Fruit	9 Chicken Pot Pie Spinach Salad Fruit Salad Bars	10 Ham & Bean Soup Corn Bread Tossed Salad Fruit	11 Beef & Noodles Harvard Beets Tossed Salad Fruit	12 VALENTINES PARTY Spaghetti Coleslaw Green Beans Cherry Cheesecake
15 Fish Sticks Mac & Cheese Mixed Veggies Fruit	16 TACO TUESDAY	17 Cheesy Broccoli Soup Beef Sandwiches Fruit Cookies	18 COOK'S CHOICE	19 Oven Chicken Mashed Potatoes Corn Spinach Fruit
22 Swedish Meatballs Mashed Potatoes Mixed Veggies Fruit	23 Breakfast Casserole Green Salad Muffins Fresh Fruit	24 Vegetable Beef Soup Corn Bread Fruit Crisp	25 Pork Potatoes Mixed Vegetables Apple Crisp	26 Spanish Rice Green Beans Carrot Raisin Salad Fruit
♥ HAPPY <i>Valentine's</i> DAY ♥	28 		30 	♥ <i>happy</i> ♥ <i>Valentine's</i> ♥ <i>day</i> ♥

PLEASE CALL BY 9:30
346-2878

SUGGESTED DONATION FOR SENIORS
\$4.00
PRICE FOR NON-SENIORS \$7.00

ALL MEALS ARE SERVED WITH
WATER, COFFEE, TEA, JUICE, AND
2% MILK

ALL MEALS ARE
SUBJECT TO
CHANGE

