

FORSYTH SENIOR CENTER

July 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:30 CHAIR EXERCISE 12:30 BINGO	2 9:00 ARTHRITIS CLASS 12:30 CRAFTS	3
4 	5 CENTER CLOSED	6 12:30 WHEEL OF FORTUNE	7 9:00 ARTHRITIS CLASS 12:30 SOUTH AFRICA PRESENTATION BY DAWN DELANEY	8 9:30 CHAIR EXERCISE 12:30 BINGO	9 9:00 ARTHRITIS CLASS	10
11	12 9:00 ARTHRITIS CLASS	13 MONTHLY BIRTHDAY PARTY 12:30 LINDA WOLFF FROM ACTION AT CENTER	14 9:00 ARTHRITIS CLASS 12:30 INDOOR GAMES	15 9:30 CHAIR EXERCISE 12:30 BINGO	16 9:00 ARTHRITIS CLASS	17
18	19 9:00 ARTHRITIS CLASS 10:00 BOOK CLUB	20 TACO TUESDAY 12:30 CRAFTS FOOT CLINIC	21 9:00 ARTHRITIS CLASS	22 9:30 CHAIR EXERCISE 12:30 BINGO	23 9:00 ARTHRITIS CLASS 1:00 CORNHOLE	24
25	26 9:00 ARTHRITIS CLASS	27 12:30 CARD SOCIAL	28 9:00 ARTHRITIS CLASS	29 9:30 CHAIR EXERCISE 12:30 BINGO	30 9:00 ARTHRITIS CLASS	31