



Forsyth Senior Center Menu July 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<p>PLEASE CALL BY 9:30 346-2878</p>	<p>SUGGESTED DONATION FOR SENIORS \$4.00 PRICE FOR NON-SENIORS \$7.00</p>	<p>ALL MEALS ARE SERVED WITH WATER, COFFEE, TEA, JUICE, AND 2% MILK</p>	<p>1 Tater Tot Casserole Tossed Salad Fresh Fruit Brownies</p>	<p>2 Cod Fish Macaroni Salad Peas & Carrots Lemon Bars Fruit</p>
<p>5 CENTER CLOSED</p>	<p>6 Beef Pot Pie Green Salad Fruit Crisp</p>	<p>7 Croissant Sandwiches Vegetable Salad Fruit Salad Cake</p>	<p>8 Baked Cod Macaroni Salad Pea & Cheese Salad Lemon Pudding</p>	<p>9 Porcupine Meatballs Rice Peas & Carrots Tossed Salad Fruit</p>
<p>12 Cabbage Roll-Ups Carrot Raisin Salad Peas Fruit</p>	<p>13 Pork Potatoes Mixed Vegetables Apple Slices</p>	<p>14 Kielbasa with Peppers & Potatoes Green Salad Fruit</p>	<p>15 COOK'S CHOICE</p>	<p>16 Broccoli Chicken Divan with Rice Fruit</p>
<p>19 Turkey Wrap with Spinach Fruit Copper Penny Salad</p>	<p>20 TACO TUESDAY</p>	<p>21 Chicken Strips Macaroni Salad Mandarin Orange Salad Spinach Salad</p>	<p>22 Breakfast Casserole Tossed Salad Fresh Fruit Muffins</p>	<p>23 Baked Beans Weiners Spinach Salad Fruit Jell-O Brownies</p>
<p>26 Goulash Coleslaw Mixed Vegetables Pears</p>	<p>27 COOK'S CHOICE</p>	<p>28 Sloppy Jo's Potato Salad 3 Bean Salad Fruit Cake</p>	<p>29 Tuna Patties Mac & Cheese Green Beans Tossed Salad Fruit</p>	<p>30 Baked Chicken Colored Pasta Salad Peas & Carrots Fruit</p>