



## October 2021

Mon	Tue	Wed	Thu	Fri
				<sup>1</sup> <b>9:00 ARTHRITIS CLASS</b>
<sup>4</sup> <b>9:00 ARTHRITIS CLASS</b>	<sup>5</sup> 9:30 CHAIR EXERCISE  <b>12:30 WHEEL OF FORTUNE</b>	<sup>6</sup> 9:00 ARTHRITIS CLASS  <b>12:30 PINOCHLE</b>	<sup>7</sup> 9:30 CHAIR EXERCISE  <b>12:30 BINGO</b>	<sup>8</sup> <b>9:00 ARTHRITIS CLASS</b>
<sup>11</sup> Center Closed	<sup>12</sup> <b>BIRTHDAY DAY</b>  9:30 CHAIR EXERCISE  <b>12:30 LINDA WOLFF FROM ACTION AT CENTER</b>	<sup>13</sup> 9:00 ARTHRITIS CLASS  <b>12:30 PINOCHLE</b>	<sup>14</sup> 9:30 CHAIR EXERCISE  <b>12:30 BINGO</b>	<sup>15</sup> <b>9:00 ARTHRITIS CLASS</b>
<sup>18</sup> <b>9:00 ARTHRITIS CLASS</b>	<sup>19</sup> <b>TACO TUESDAY</b>  <b>12:30 CRAFTS</b>  <b>FOOT CLINIC</b>	<sup>20</sup> 9:00 ARTHRITIS CLASS  <b>12:30 PINOCHLE</b>	<sup>21</sup> 9:30 CHAIR EXERCISE  <b>12:30 BINGO</b>	<sup>22</sup> <b>9:00 ARTHRITIS CLASS</b>
<sup>25</sup> <b>9:00 ARTHRITIS CLASS</b>	<sup>26</sup> 9:30 CHAIR EXERCISE  <b>12:30 CARD SOCIAL</b>	<sup>27</sup> 9:00 ARTHRITIS CLASS  <b>12:30 PINOCHLE</b>	<sup>28</sup> 9:30 CHAIR EXERCISE  <b>12:30 BINGO</b>	<sup>29</sup> <b>9:00 ARTHRITIS CLASS</b>  <b>12:30 HALLOWEEN PARTY</b> <b>COSTUME CONTEST</b>

