

FORSYTH SENIOR CENTER MENU JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HAM VEGGIE SOUP CORN BREAD FRUIT CRISP	2 LASAGNA GARLIC BREAD ORANGE FLUFF SALAD CHERRY BARS	3 TUNA CASSEROLE BLT SALAD TEXAS SHEET CAKE
6 BEEF STROGANOFF TOSSED SALAD FRUIT SALAD COOKIES	7 CHICKEN STRIPS HEARTLAND VEGGIE BAKE SALAD STRAWBERRY CHEESECAKE	8 PIMENTO CHEESE SANDWICH HAM VEGETABLE SOUP RELISH TRAY PINEAPPLE CAKE	9 COOK'S CHOICE	10 SPANISH RICE GREEN SALAD CARROTS/PEAS FRUIT
13 BISCUITS & SAUSAGE GRAVY CARROTS GREEN SALAD APPLE SLICES	14 BIRTHDAY DAY!!! BBQ PORK ON A BUN COLESLAW GREEN BEANS CAKE	15 CHICKEN ENCHILADA CASSEROLE MIXED VEGETABLES TOSSED SALAD FRUIT	16 HAM QUICHE TOSSED SALAD MUFFINS FRUIT	17 BAKED COD PASTA SALAD MIXED VEGETABLES FRUIT LEMON BARS
20 BREAKFAST CASSEROLE GREEN SALAD FRESH FRUIT MUFFINS	21 TACO TUESDAY!! TACO BAR REFRIED BEANS FRUITED JELLO	22 PORK FRITTERS MACARONI SALAD VEGETABLE SALAD FRUIT APPLESAUCE BARS	23 COOK'S CHOICE	24 SLOPPY JO'S CORN&BLACK BEAN SALAD FRUIT
27 POLISH DOGS BAKED BEANS COLESLAW FRUIT	28 BEEF & NOODLES CARROTS/PEAS GREEN SALAD FRUIT	29 CHICKEN SALAD ON CROISSANT COPPER PENNY SALAD RELISH TRAY WATERMELON	30 BAKED BEANS & WEINIES SPINACH SALAD FRUIT BROWNIES	1 CHICKEN & RICE HARVARD BEETS TOSSED SALAD ORANGE SLICES

PLEASE CALL BY 9:30 346-2878 ALL MEALS SUBJECT TO CHANGE – SUGGESTED SENIOR DONATION \$4.00 NON-SENIORS \$7.00 - ALL MEALS
SERVED WITH WATER, COFFEE, TEA, JUICE, AND 2% MILK