

FORSYTH SENIOR CENTER MENU AUGUST 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WEINERS&KRAUT OVEN POTATOES GREEN BEANS FRUIT	2 OVEN PORK CHOPS MASHED POTATOES MIXED VEGETABLES FRUIT COCKTAIL CAKE	3 GOULASH CORN GREEN SALAD FRUIT	4 CABBAGE ROLL-UPS CARROTS FRUIT CRISP	5 CHICKEN ALA KING RICE STIR FRY VEGGIES FRUIT SALAD
8 SPAGHETTI GREEN BEANS TOSSED SALAD PEAS	9 CHICKEN STRIPS SWEET POTATO SALAD 3 BEAN SALAD WATERMELON CAKE	10 SHEPHERD'S PIE TOSSED SALAD FRUIT SALAD	11 COOK'S CHOICE	12 COD FISH TATER TOTS GREEN BEANS FRUIT
15 BISCUITS & SAUSAGE GRAVY PEAS&CARROTS APPLE SLICES	16 TACO TUESDAY!!	17 CHICKEN ENCHILADAS TOSSED SALAD FRUIT SALAD	18 PULLED PORK ON A BUN COLESLAW CARROT-RAISIN SALAD APPLE CRISP	19 MEATLOAF POTATO SALAD GREEN SALAD WATERMELON
22 BREAKFAST CASSEROLE GREEN SALAD FRESH FRUIT MUFFINS	23 COOK'S CHOICE	24 HOT DOGS & BAKED BEANS COLESLAW FRUIT SALAD	25 TATER TOT CASSEROLE GREEN SALAD WATERMELON	26 TUNA PATTIES MAC&CHEESE PEAS TOSSED SALAD LEMON PUDDING
29 SALISBURY STEAK MASHED POTATOES HARVARD BEETS FRUITED JELLO	30 HAM&POTATOES CREAMED PEAS&CARROTS PINEAPPLE CAKE	31 CHICKEN MACARONI SALAD PEA SALAD FRUIT SALAD, BARS	SEPT.1 COOK'S CHOICE	2 SLOPPY JO'S COLESLAW GREEN BEAN SALAD FRUIT

PLEASE CALL BY 9:30 346-2878 ALL MEALS SUBJECT TO CHANGE – SUGGESTED SENIOR DONATION \$4.00 NON-SENIORS \$7.00 - ALL MEALS
SERVED WITH WATER, COFFEE, TEA, JUICE, AND 2% MILK