

FORSYTH SENIOR CENTER MENU

SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4.</p> <p style="color: blue;">CLOSED -- LABOR DAY</p>	<p>5.</p> <p style="text-align: center;">COOK'S CHOICE</p>	<p>6.</p> <p style="text-align: center;">TACO PIE TOSSED SALAD FRUIT SALAD</p>	<p>7.</p> <p style="text-align: center;">HAM QUICHE SPINACH SALAD MUFFINS FRUIT</p>	<p>8.</p> <p style="text-align: center;">FISH STICKS TATER TOTS CREAMED PEAS FRUIT SALAD</p>
<p>11.</p> <p style="text-align: center;">GOULASH TOSSED SALAD MIXED VEGGIES PEARS</p>	<p>12.</p> <p style="text-align: center;">CHICKEN&BROCCOLI CASSEROLE BEETS FRUIT CAKE</p>	<p>13.</p> <p style="text-align: center;">CALICO BEANS COLESLAW RELISH TRAY CORN MUFFINS PEARS</p>	<p>14.</p> <p style="text-align: center;">SALISBURY STEAK MASHED POTATOES CORN TOSSED SALAD FRUIT</p>	<p>15.</p> <p style="text-align: center;">BAKED COD FISH MACARONI&CHEESE PEAS/CARROTS FRUIT</p>
<p>18.</p> <p style="text-align: center;">CHICKEN STRIPS PASTA SALAD TOSSED SALAD FRUIT SALAD</p>	<p>19.</p> <p style="text-align: center;">POLISH DOGS SAUERKRAUT BAKED BEANS FRUITED JELLO</p>	<p>20.</p> <p style="text-align: center;">CHEESY BROCCOLI SOUP HAM SANDWICH PINEAPPLE CAKE</p>	<p>21.</p> <p style="text-align: center;">COOK'S CHOICE</p>	<p>22.</p> <p style="text-align: center;">MEATLOAF MASHED POTATOES MIXED VEGGIES CHERRY CRISP</p>
<p>25.</p> <p style="text-align: center;">SPAGHETTI COLESLAW CARROTS APRICOTS</p>	<p>26.</p> <p style="text-align: center;">BURGERS ON A BUN TATER TOTS CARROT RAISIN SALAD FRUIT</p>	<p>27.</p> <p style="text-align: center;">CHICKEN & NOODLES SWEET POTATOES GREEN SALAD PEACH CRISP</p>	<p>28.</p> <p style="text-align: center;">BREAKFAST CASSEROLE GREEN SALAD ZUCCHINI MUFFINS FRESH FRUIT</p>	<p>29.</p> <p style="text-align: center;">GOULASH COLESLAW GREEN BEANS GARLIC BREAD</p>

PLEASE CALL BY 9:30 (406) 346-2878 ALL MEALS SUBJECT TO CHANGE-SUGGESTED SENIOR DONATION \$4.00
NON-SENIORS \$7.00 - ALL MEALS SERVED WITH WATER, COFFEE, TEA, JUICE, AND 2% MILK