JUNE 2024 SENIOR CENTER ACTIVITIES-FORSYTH

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
|  | **S.A.I.L CLASS 9:00 A.M**  **RED HAT LADIES MEET @ SENIOR CENTER TODAY!** | **CHAIR EXERCISE’S 9:00 A.M**  **CRAFTS W/ HEAVEN**  **12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M**  **COFFEE & CHATTER W/NURSING HOME 10:15 AM** | **CHAIR EXERCISE’S 9:00 A.M**  **BINGO 12:30 PM** | **S.A.I.L BALANCE AND EXERCISE CLASS 9:00 A.M** |  |
| **9** | **10** | **11 BIRTHDAY DAY!** | **12** | **13** | **14** | **15** |
|  | **S.A.I.L CLASS 9:00 A.M** | **LINDA WOLFF FROM ACTION-CALL TO MAKE APPOINTMENT**  **CHAIR EXERCISE’S 9:00 A.M** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **CHAIR EXERCISE’S 9:00 A.M**  **BINGO 12:30 PM** | **S.A.I.L CLASS 9:00 A.M**  **FATHERS DAY MUSIC!** |  |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **Happy Father’s Day!** | **S.A.I.L CLASS 9:00 A.M** | **FOOT CLINIC-CALL TO MAKE AN APPOINTMENT**  **CRAFTS W/ HEAVEN**  **12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M**  **COFFEE & CHATTER W/NURSING HOME 10:15 AM** | **CHAIR EXERCISE’S 9:00 A.M**  **BINGO 12:30 PM** | **S.A.I.L CLASS 9:00 A.M**  **WHEEL OF FORTUNE 1:00 PM** |  |
| **23** | **24**  **S.A.I.L CLASS 9:00 A.M** | **25**  **CHAIR EXERCISE’S 9:00 A.M** | **26**  **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **27**  **CHAIR EXERCISE’S 9:00 A.M**  **BINGO 12:30 PM** | **28**  **S.A.I.L CLASS 9:00 A.M** | **29** |
| **30** |  |  |  |  |  |  |

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

JULY 2024 SENIOR CENTER ACTIVITIES-FORSYTH

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  | **1** | **2** | **3** | **4 Happy 4th of July!** | **5** | **6** |
|  | **S.A.I.L CLASS 9:00 A.M** | **CHAIR EXERCISE’S 9:00 A.M**  **CRAFTS W/ HEAVEN**  **12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M**  **4TH OF JULY PARTY!**  **LIVE MUSIC @ 1PM** | **Closed for the holiday!** | **S.A.I.L CLASS 9:00 A.M** |  |
| **7** | **8** | **9 BIRTHDAY DAY!** | **10** | **11** | **12** | **13** |
|  | **S.A.I.L CLASS 9:00 A.M** | **CHAIR EXERCISE’S 9:00 A.M**  **LINDA WOLFF FROM ACTION-CALL TO MAKE APPOINTMENT** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **CHAIR EXERCISE’S 9:00 A.M** | **S.A.I.L CLASS 9:00 A.M** |  |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
|  | **S.A.I.L CLASS 9:00 A.M** | **FOOT CLINIC-CALL TO MAKE AN APPOINTMENT** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M**  **FAIR TIME!** | **CHAIR EXERCISE’S 9:00 A.M**  **FAIR TIME!** | **S.A.I.L CLASS 9:00 A.M**  **FAIR TIME!**  **WHEEL OF FORTUNE 1:00 PM** |  |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
|  | **S.A.I.L CLASS 9:00 A.M** | **CHAIR EXERCISE’S 9:00 A.M**  **CRAFTS W/ HEAVEN**  **12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **CHAIR EXERCISE’S 9:00 A.M** | **S.A.I.L CLASS 9:00 A.M** |  |
| **28** | **29 S.A.I.L CLASS 9:00 A.M** | **30 CHAIR EXERCISE’S 9:00 A.M** | **31 ADV. ARTHRITIS/YOGA CLASS 8:30 A.M**  **COFFEE & CHATTER W/NURSING HOME 10:15 AM** |  |  |  |

**AUGUST 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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**SEPTEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
|  | **Labor Day**  **WE ARE CLOSED!** |  |  |  |  |  |
| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
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| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
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| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
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**OCTOBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **13** | **14** | **15** | **16** | **17** | **18** | **19** |
|  | **Columbus Day**  **We are CLOSED!** |  |  |  |  |  |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |
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| **27** | **28** | **29** | **30** | **31** |  |  |
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**NOVEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **3** | **4** | **5** | **6** | **7** | **8** | **9** |
|  |  | **General election day**  **We are closed!** |  |  |  |  |
| **10** | **11** | **12** | **13** | **14** | **15** | **16** |
|  | **Veteran’s day!**  **WE are CLOSED!** |  |  |  |  |  |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |
|  |  |  |  |  |  |  |
| **24** | **25** | **26** | **27** | **28**  **Thanksgiving Day**  **WE ARE CLOSED** | **29** | **30** |
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DECEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
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| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
|  |  |  | **Christmas Day**  **WE are CLOSED!** |  |  |  |
| **29** | **30** | **31** |  |  |  |  |
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| September | | | | | | | | | | | | 2024 | | |
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| Events | | | Heading To get started right away, just click any placeholder text (such as this) and start typing to replace it with your own. | | | | Heading Want to insert a picture from your files or add a shape, text box, or table? You got it! On the Insert tab of the ribbon, just tap the option you need. | | | Heading View and edit this document in Word on your computer, tablet, or phone. | | | | | |

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| October | | | | | | | | | | | | 2024 | |
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| Monday | Tuesday | | | Wednesday | Thursday | | | Friday | Saturday | | | | Sunday |
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| November | | | | | | | | | | | | 2024 | |
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| December | | | | | | | | | | | | 2024 | |
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| Events | | | Heading To get started right away, just click any placeholder text (such as this) and start typing to replace it with your own. | | | | Heading Want to insert a picture from your files or add a shape, text box, or table? You got it! On the Insert tab of the ribbon, just tap the option you need. | | | Heading View and edit this document in Word on your computer, tablet, or phone. | | | | |