JUNE 2024 SENIOR CENTER ACTIVITIES-FORSYTH

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  |  |  |  |  |  | **1** |
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| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
|  | **S.A.I.L CLASS 9:00 A.M****RED HAT LADIES MEET @ SENIOR CENTER TODAY!** | **CHAIR EXERCISE’S 9:00 A.M****CRAFTS W/ HEAVEN****12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M****COFFEE & CHATTER W/NURSING HOME 10:15 AM** | **CHAIR EXERCISE’S 9:00 A.M****BINGO 12:30 PM** | **S.A.I.L BALANCE AND EXERCISE CLASS 9:00 A.M** |  |
| **9** | **10** | **11 BIRTHDAY DAY!** | **12** | **13** | **14** | **15** |
|  | **S.A.I.L CLASS 9:00 A.M** | **LINDA WOLFF FROM ACTION-CALL TO MAKE APPOINTMENT****CHAIR EXERCISE’S 9:00 A.M** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **CHAIR EXERCISE’S 9:00 A.M****BINGO 12:30 PM** | **S.A.I.L CLASS 9:00 A.M****FATHERS DAY MUSIC!** |  |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **Happy Father’s Day!** | **S.A.I.L CLASS 9:00 A.M** | **FOOT CLINIC-CALL TO MAKE AN APPOINTMENT****CRAFTS W/ HEAVEN****12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M****COFFEE & CHATTER W/NURSING HOME 10:15 AM** | **CHAIR EXERCISE’S 9:00 A.M****BINGO 12:30 PM** | **S.A.I.L CLASS 9:00 A.M****WHEEL OF FORTUNE 1:00 PM** |  |
| **23** | **24****S.A.I.L CLASS 9:00 A.M** | **25****CHAIR EXERCISE’S 9:00 A.M** | **26****ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **27****CHAIR EXERCISE’S 9:00 A.M****BINGO 12:30 PM** | **28****S.A.I.L CLASS 9:00 A.M**  | **29** |
| **30** |  |  |  |  |  |  |

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

JULY 2024 SENIOR CENTER ACTIVITIES-FORSYTH

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  | **1** | **2** | **3** | **4 Happy 4th of July!**  | **5** | **6** |
|  | **S.A.I.L CLASS 9:00 A.M** | **CHAIR EXERCISE’S 9:00 A.M****CRAFTS W/ HEAVEN****12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M****4TH OF JULY PARTY!****LIVE MUSIC @ 1PM** | **Closed for the holiday!** | **S.A.I.L CLASS 9:00 A.M** |  |
| **7** | **8** | **9 BIRTHDAY DAY!** | **10** | **11** | **12** | **13** |
|  | **S.A.I.L CLASS 9:00 A.M** | **CHAIR EXERCISE’S 9:00 A.M****LINDA WOLFF FROM ACTION-CALL TO MAKE APPOINTMENT** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **CHAIR EXERCISE’S 9:00 A.M** | **S.A.I.L CLASS 9:00 A.M** |  |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
|  | **S.A.I.L CLASS 9:00 A.M** | **FOOT CLINIC-CALL TO MAKE AN APPOINTMENT** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M****FAIR TIME!** | **CHAIR EXERCISE’S 9:00 A.M****FAIR TIME!** | **S.A.I.L CLASS 9:00 A.M****FAIR TIME!****WHEEL OF FORTUNE 1:00 PM** |  |
| **21** | **22** | **23** | **24** | **25** | **26** | **27** |
|  | **S.A.I.L CLASS 9:00 A.M** | **CHAIR EXERCISE’S 9:00 A.M****CRAFTS W/ HEAVEN****12:30 PM** | **ADV. ARTHRITIS/YOGA CLASS 8:30 A.M** | **CHAIR EXERCISE’S 9:00 A.M** | **S.A.I.L CLASS 9:00 A.M** |  |
| **28** | **29 S.A.I.L CLASS 9:00 A.M** | **30 CHAIR EXERCISE’S 9:00 A.M** | **31 ADV. ARTHRITIS/YOGA CLASS 8:30 A.M****COFFEE & CHATTER W/NURSING HOME 10:15 AM** |  |  |  |

**AUGUST 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
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| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
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| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
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| **25** | **26** | **27** | **28** | **29** | **30** | **31** |
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**SEPTEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
|  | **Labor Day****WE ARE CLOSED!** |  |  |  |  |  |
| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
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| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
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| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
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**OCTOBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **6** | **7** | **8** | **9** | **10** | **11** | **12** |
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| **13** | **14** | **15** | **16** | **17** | **18** | **19** |
|  | **Columbus Day****We are CLOSED!** |  |  |  |  |  |
| **20** | **21** | **22** | **23** | **24** | **25** | **26** |
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| **27** | **28** | **29** | **30** | **31** |  |  |
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**NOVEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH**

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **3** | **4** | **5** | **6** | **7** | **8** | **9** |
|  |  | **General election day****We are closed!** |  |  |  |  |
| **10** | **11** | **12** | **13** | **14** | **15** | **16** |
|  | **Veteran’s day!****WE are CLOSED!** |  |  |  |  |  |
| **17** | **18** | **19** | **20** | **21** | **22** | **23** |
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| **24** | **25** | **26** | **27** | **28****Thanksgiving Day****WE ARE CLOSED** | **29** | **30** |
|  |  |  |  |  |  |  |

DECEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH

**(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!**

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| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| **8** | **9** | **10** | **11** | **12** | **13** | **14** |
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| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
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| **22** | **23** | **24** | **25** | **26** | **27** | **28** |
|  |  |  | **Christmas Day****WE are CLOSED!** |  |  |  |
| **29** | **30** | **31** |  |  |  |  |
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| September | 2024 |
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| Monday  | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
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| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
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| October | 2024 |
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| Monday  | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
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| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
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| --- | --- |
| November | 2024 |
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| Monday  | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
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| 25 | 26 | 27 | 28 | 29 | 30 |  |
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| Events | HeadingTo get started right away, just click any placeholder text (such as this) and start typing to replace it with your own. | HeadingWant to insert a picture from your files or add a shape, text box, or table? You got it! On the Insert tab of the ribbon, just tap the option you need. | HeadingView and edit this document in Word on your computer, tablet, or phone. |

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| December | 2024 |
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| Monday  | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
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| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
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| 30 | 31 |  |  |  |  |  |
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| Events | HeadingTo get started right away, just click any placeholder text (such as this) and start typing to replace it with your own. | HeadingWant to insert a picture from your files or add a shape, text box, or table? You got it! On the Insert tab of the ribbon, just tap the option you need. | HeadingView and edit this document in Word on your computer, tablet, or phone. |