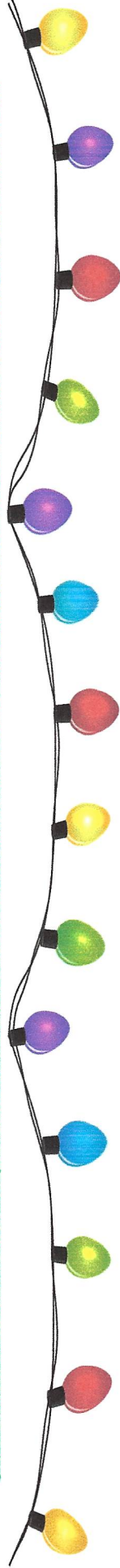


DECEMBER 2024 SENIOR CENTER ACTIVITIES-FORSYTH

(ACTIVITIES SUBJECT TO CHANGE) COME IN TO VISIT, PLAY CARDS, GAMES, LISTEN TO MUSIC, HANG OUT, DO MONTHLY ACTIVITIES, READ, & HAVE FUN!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	S.A.I.L CLASS 9-10 AM DECORATE THE S.C! COME JOIN THE FUN!	CHAIR EXERCISES 9AM DECORATE THE S.C! COME JOIN THE FUN!	ARTHRITIS CLASS 8:30 AM DECORATE THE S.C! COME JOIN THE FUN!	CHAIR EXERCISES 9AM ARTHRITIS/YOGA 10 AM	S.A.I.L CLASS 9-10 AM WHEEL OF FORTUNE 12:30	FESTIVAL OF TREES!
8	9	10	11	12	13	14
	S.A.I.L CLASS 9-10 AM	10 BIRTHDAY DAY! CHAIR EXERCISES 9AM DEBBIE FROM ACTION WILL BE HERE!	ARTHRITIS CLASS 8:30 AM	12 BINGO 12:30 CHAIR EXERCISES 9AM ARTHRITIS/YOGA 10 AM	S.A.I.L CLASS 9-10 AM GAME DAY 12:30	
15	16	17	18	19	20	21
	S.A.I.L CLASS 9-10 AM	17 FOOT CLINIC! CRAFTS 12:30PM *SNOWFLAKES* 	ARTHRITIS CLASS 8:30 AM	19 BINGO 12:30 CHAIR EXERCISES 9AM ARTHRITIS/YOGA 10 AM	20 CHRISTMAS PARTY S.A.I.L CLASS 9-10 AM MOVIE & POPCORN 12:30	
22	23	24	25	26	27	28
	S.A.I.L CLASS 9-10 AM	CHAIR EXERCISES 9AM	<i>Merry Christmas</i>	26 BINGO 12:30 CHAIR EXERCISES 9AM ARTHRITIS/YOGA 10 AM	S.A.I.L CLASS 9-10 AM WHEEL OF FORTUNE 12:30	
29	30	31				
	S.A.I.L CLASS 9-10 AM	CHAIR EXERCISES 9AM *NEW YEARS EVE PARTY!*				