FORSYTH SENIOR CENTER OCTOBER 2026 MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS SUBJECT TO CHANGE			1 CREAM CHEESE CHICKEN ENCHILADAS CORN APPLES	2 SWEEDISH MEATBALLS MASHED POTATOES GREEN BEANS CRANBERRY SAUCE
5 CHICKEN POT PIE CARROTS PEAS	6 BAKED MAC & CHEESE W/HAM STEAMED VEGGIES APRICOTS	7 VEGETABLE BEEF SOUP GRILLED CHEESE SANDWICH CINNAMON APPLES GARLIC BREAD	8 CHICKEN STRIPS TATOR TOTS CUCUMBER SALAD PEARS	9 GOULASH W/ NOODLES MIXED VEGGIES FRUIT W/ PUDDING
12 THE CENTER IS CLOSED TODAY!	13 SCALLOPED CHICKEN WACKY GREEN BEANS ROLL PEACHES	14 SAUSAGE, BEAN, & KALE SOUP EGG SALAD SANDWICH BANANAS & BUTTERSCOTCH PUDDING	15 HOT BEEF AND GRAVY MASHED POTATOES CORN PEARS	16 ORANGE CHICKEN OVER RICE GREEN BEANS SUNSHINE SALAD
19 FISH STICKS MAC & CHEESE PEAS APPLESAUCE	20 POPPY SEED CHICKEN ROLL GREEN BEANS PINK PEARS	21 HAM AND POTATO SOUP GRILLED CHEESE CORN MIXED FRUIT	22 MEATLOAF SCALLOPED POTATOES CANDIED CARROTS PEACHES	23 PORK CHOPS ONION RINGS BEETS APPLESAUCE
26 HAM & CHEESE SLIDERS CHIPS SALAD BANANA PUDDING	27 BREAKFAST CASSEROLE ROLL MIXED VEGGIES PINEAPPLE	28 CHEESEBURGER SOUP POTATO WEDGES GREEN BEANS CINNAMON APPLES	29 MALIBU CHICKEN FRENCH FRIES VEGGIE TRAY TROPICAL FRUIT	30 HALLOWEEN PARTY! MONSTER MEATBALL SUB CATERPILLAR SKEWERS ROASTED ROOTS PEANUT BUTTER SPIDER COOKIES

ALL MEALS SERVED WITH WATER, COFFEE, TEA, JUICE, AND/OR 2% MILK